



Dementia Friends

An Alzheimer's Society initiative

Become a dementia Friend

Dementia Friends gives people an understanding of dementia and the small things you can do that make a difference.



**Come along to this Free
Information Session on:**

Time:

Saturday 12th of May

10am to 11.30am

At:

St James Parish Church

Church Street

Weybridge

Refreshments will be served from 9.30am.

For Further Information Please Contact:
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Diocese of
Guildford

TRANSFORMING CHURCH
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Communities Engagement

WHAT IS A DEMENTIA FRIENDS INFORMATION SESSION ?

Well you can find out by attending our session on Saturday 12 May. Tony Oakden, from the Guildford Diocese, will be in our Parish Centre to give us a better understanding of dementia and the small things we can all do to make a difference to the lives of people affected by dementia.

Tony came to St.James' about two years ago to deliver a similar session, which I wasn't able to attend, but I understand that it is a fun, interactive way to learn a little about dementia and how it can affect people's lives.

The session lasts from 45-60 minutes and covers five key messages that everyone should know about dementia, through activities and discussion. At the end of the Information Session, we will have the opportunity to turn our understanding into action by committing to a dementia-friendly action. No action is too big or small – from wearing a Dementia Friends badge to spreading the word on social media.

This is not a training session just but we will have a greater awareness of what it is like to live with, or care for, someone with dementia.

So, please come along on Saturday 12 May . The session starts at 10am and refreshments will be served from 9.30am.

Please sign up on the sheet at the back of the church or just come along on the day. We look forward to seeing you.

Annabelle Yeomans